**National conference**

**On**

**Revitalizing National Health System of Nepal in Federal Era: Pathway to Achieve SDG Goals**

**Poster Guideline**

The Poster size should be 36" (width)\*48"(height) in portrait and should be printed in FLEX.

**36 Inch**

**48 Inch**

1. Each poster presentation should be structured into following headings and must be typed in bold.

* Title
* Authors name and their affiliation
* Background
* Methodology
* Results (Figures and Tables can beincluded as appropriate. If included should be clear)
* Conclusion
* Acknowledgement (Optional)
* References (Optional, for references please follow Vancouver style of citation)

1. Poster should not contain any watermarks.
2. Use only 2 or 3 colors in the poster: too many colors can be distracting
3. Select font colors and background colors to maximize contrast:  A dark font on a light background can be more easily read.
4. Depending on poster and contents, choose a font size and style that can be read easily from several feet away
5. To emphasize a point, use bold or italics rather than underlining as underlined words can be more difficult to read.
6. Keep graphs simple. Avoid “chart/graph junk”: 3-d, shadowing, multiple grid lines, labeling every tick mark

Send your presentation on given email address with proper labeling as indicated below till **5 July 2019** by 5:00 pm.

Email:[pokharahealthconference@gmail.com](mailto:pokharahealthconference@gmail.com)

File should be named as follows: Theme number, underscore, First name, underscore, and Last name of corresponding author.

**For example:**

**Theme 1:** Non communicable diseases

**Theme 2:** Communicable diseases

**Theme 3:** Maternal, child health and nutrition

**Theme 4:** Health insurance