ldltM@)&#÷#÷@&

**kf]v/f ljZjljBfno ;]jf cfof]usf] sfof{nosf]**

**v'NNff k|ltof]lutfsf] lnlvt k/LIff ;DjlGw ;"rgf**

kf]v/f ljZjljBfno ;]jf cfof]uåf/f k|sflzt lj1fkg g+= !÷)&@÷)&#, @÷)&@÷)&#, #÷)&@÷)&# / $÷)&@÷)&# v'Nnf k|ltof]lutfsf ljleGg ljifosf z}lIfs / k|zf;lgs kbx?df cfj]bg lbPsf pDd]bjf/x¿sf] lnlvt k/LIffdf ;fd]n x'g of]Uo 7xl/Psf pDd]bjf/x?sf] lnlvt k/LIff b]xfosf] ldlt, ;do / ljifo cg';f/ x'g] ePsf]n] ;DjlGwt ;a}sf] hfgsf/Lsf nflu of] ;"rgf k|sflzt ul/Psf] 5 .

|  |  |  |
| --- | --- | --- |
| ldlt | ;do | kb |
| @)&# ebf} ( ut] ljxLjf/ | ljxfg !! jh]  | **pk–k|fWofks**– Joj:yfkg tkm{sf ;j} ljifo, d]l8sn Nofa 6]Sgf]nf]hL / d]l8sn Nofa ;fOG;, Pd=kmdf{= g]r'/n k|f]8S6 s]d]i6«L,;fdfGo gl;{Ë, Pd kmdf{ kmdf{:o"l6S; ,l;len Ol~hlgol/Ë, sDKo"6/ Ol~hlgol/Ë, 8]enkd]06 :6l8h÷?n/ 8]enkd]06÷hg;+Vof, n}lus tyf ljsf; / .**sd{rf/L tkm{ –**;xfos k|zf;g |
| @)&# ebf} !! ut] zlgjf/ | ljxfg !! jh]  | **pk–k|fWofks**– Pd kmdf{ lSnlgsn kmfd]{;L / kmdf{:o"l6sn s]o/, Pgf6f]dL P08 lkmlhof]nf]hL, kmdf{sf]nf]hL, hg:jf:Yo, cA6]l/S; P08 ufogsf]nhL gl;{Ë / pdG; x]Ny, P8N6 x]Ny gl;{Ë /d]l8sn ;lh{sn gl;{Ë, k]l8ofl6«s gl;{Ë / rfON8 x]Ny gl;{Ë, sDo"lgl6 x]Ny gl;{Ë, ;fOSofl6«s, On]lS6«sn Ol~hlgol/Ë, On]S6«f]lgS; P08 sDo"lgs]zg Ol~hlgol/Ë, Jff6/ l/;f];]{h Ol~hlgol/Ë, :6«Sr/n Ol~hlgol/Ë, OGefO/Gd]G6n Ol~hlgol/Ë, ul0ft, d]sflgsn Ol~hlgol/Ë / hg;+Vof, n}lus tyf ljsf;÷;f];n js{÷ slGkmnS6 d]g]hd]G6 8]enkd]06 :6l8h / d]l8sn dfOqmf]jfof]nf]hL .**;xfos k|lzIfs** – d]sflgsn Ol~hlgol/Ë |

b|6JoM lnlvt k/LIffdf ;fd]n x'g of]Uo 7xl/Psf pDd]bjf/x?sf] gfdfjnL k/LIff s]Gb| / k|j]z kq j'emg] ldlt / :yfg ldlt @)&# >j0f !% ut] kf]v/f ljZjljBfnosf] j]j ;fO6 [www.pu.edu.np](http://www.pu.edu.np) / kf]v/f ljZjljBfno ;]jf cfof]usf] sfof{no /ftf]k'n, uf}zfnf, sf7df08f} / kf]v/f ljZjljBfno s]lGb|o sfof{no n]vgfy gu/kflnsf–!@ v'FbL, sf:sLdf klg x]g{ ;lsg]5 .

 **kf]v/f ljZjljBfno ;]jf cfof]u**

**kf]v/f ljZjljBfno**

**;]jf cfof]usf] ;"rgf**

**v'Nnf k|ltof]lutf -z}lIfs kb\_**

k|sflzt ldlt@)&#÷#÷@&

kf]v/f ljZjljBfnodf l/Qm /x]sf] b]xfosf z}lIfs kbdf v'Nnf k|ltof]lutfåf/f :yfoL kbk"lt{ ug{'kg]{ ePsf]n] of]Uo g]kfnL gful/sx?af6 ldlt @)&# >fj0f #! ut] ;Dddf kf]v/f ljZjljBfno ;]jf cfof]usf] sfof{no /ftf]k'n–uf}zfnf, sf7df08f} / kf]v/f ljZjljBfno s]lGb|o sfof{no, n]vgfy gu/kflnsf 9'Ë]kf6g, sf:sLdf cfO{k'Ug] ul/ b/vf:t cfJxfg ul/G5 . cfj]bg kmf/fd @)&# c;f/ @\* ut] b]lv kf]v/f ljZjljBfno ;]jf cfof]usf] sfof{no, /ftf]k'n–uf}zfnf, sf7df08f} / kf]v/f ljZjljBfnosf] s]lGb|o, sfof{no n]vgfy gu/kflnsf 9'Ë]kf6g, sf:sLaf6 ? @)).– lt/L k|fKt ug{ ;lsg]5 . Dofb gfl3 k|fKt x'g cfPsf / l/t gk'u]sf cfj]bg kmf/fd pk/ s'g} sf/jfxL x'g] 5}g . cfj]bg kmf/fdsf ;fy lnlvt k/LIff b:t'/ gljn a}ssf] rNtL ***vftf g+= !@)!)!&%))\*&)***  -kf]v/f\_ jf sfdgf ljsf; j}s kf]v/fsf] rNtL ***vftf g+= ))!))))!%^)A*** df /sd hDdf u/]sf] ;Ssn a}s ef}r/ / lgDglnlvt sfuhftx?sf] cnUu cnUu kmfO{ndf /flv !÷! k|lt k|dfl0ft k|ltlnlkx? k]z ug'{ kg]{5 .

!= z}lIfs of]Uotfsf] k|df0fkq / nAwfÍkqx? . @= g]kfnL gful/stfsf] k|df0f–kqsf] k|ltlnkL .

#= xfn;fn} lvlrPsf] kf;kf]{6 ;fOhsf] kmf]6f] @ k|lt . $= cg'ej / tflndsf] k|df0f–kq .

%= JolQmut ljj/0f -jfof] 8f6f\_ ^ k|lt . ^= sfd u/]sf] eP :yfoL, c:yfoL, s/f/ lgo'QmL kqx? .

&= k|sflzt cg';GwfgfTds s[ltx?sf] / cGo k|sfzgx?sf] !÷! k|lt pDd]bjf/n] cfj]bg kmf/fd ;fy ;Ssn} k]z ug'{ kg]{5 .

\*= kf]v/f ljZjljBfno jf cGo lgsfox?df sfd ul//x]sf] eP ljefluo :jLs[lt kq .

(= dfyL pNn]lvt l;=g+= ! b]lv \* ;Ddsf sfuhftx? pDd]bjf/n] cfj]bg kmf/fd a'empFbf g} a'emfpg' kg]{5 . s'g} sfuh kq gk'u ePsf] cfj]bg kmf/fd pk/ s'g} sf/jfxL x'g] 5}g .

!)= j]tg qmd kf]v/f ljZjljBfnosf] lgod adf]lhd x'g]5 .

;Dks{ :yfg / ldltM kf]v/f ljZjljBfno ;]jf cfofusf] sfof{no /ftf]k'n, uf}zfnf sf7df08f} / kf]v/f ljZjljBfnosf] s]lGb|o sfof{no n]vgfy gu/kflnsf 9'Ë]kf6g, sf:sL ldlt @)&# >fj0f #! ut]

|  |
| --- |
| **!=lj1fkg g+= %÷@)&@–)&#** v'Nnf k|ltof]lutf |
| qm=; | kb | ljifo | l/Qm kb ;+Vof | v'Nnf | cfj]bg b:t'/ |
| != | ;x–k|fWofks | :6\ofl6l:6S;÷Osf]gf]d]l6«S; | ! -Ps\_ | ! -Ps\_ | ? !()).– |

**;x–k|fWofks kbdf pDd]bjf/ x'gsf nflu cjZos Go"gtd of]Uotf**

;DalGwt ljifodf :gfstsf]Q/ tx k|yd >]0fLdf plQ0f{ / lk=Pr=8L= tyf ljZjljBfnoaf6 dfGotf k|fKt dxfljBfno/sn]h/SofDk;df slDtdf \* aif{sf] cWofkg jf \* aifsf] cg';Gwfg cg'ej .

cyjf

;DalGwt ljifodf :gfstsf]Q/ tx låtLo >]0fLdf plQ0f{ / lk=Pr=8L= tyf ljZjljBfnoaf6 dfGotf k|fKt dxfljBfno/sn]h/SofDk;df slDtdf !) aif{sf] cWofkg jf !) aif{sf] cg';Gwfg cg'ej .

cyjf

;DalGwt ljifodf :gfstsf]Q/ tx k|yd >]0fLdf plQ0f{ tyf ljZjljBfnoaf6 dfGotf k|fKt dxfljBfno/sn]h/SofDk;df slDtdf !! aif{sf] cWofkg jf !! aif{sf] cg';Gwfg cg'ej .

cyjf

;DalGwt ljifodf :gfstsf]Q/ tx låtLo >]0fLdf plQ0f{ tyf ljZjljBfnoaf6 dfGotf k|fKt dxfljBfno/sn]h/SofDk;df slDtdf !# aif{sf] cWofkg jf !# aif{sf] cg';Gwfg cg'ej .

cyjf

;DalGwt ljifodf :gfstsf]Q/ tx k|yd >]0fLdf plQ0f{ / lk=Pr=8L= tyf ;DjlGwt If]qdf slDtdf !@ aif{ sfd u/]sf] cg'ej jf ;DalGwt ljifodf :gfstsf]Q/ tx k|yd >]0fLdf plQ0f{ / ;DjlGwt If]qdf slDtdf !$ aif{ sfd u/]sf] cg'ej .