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Academic Background:

2003 – 2006 Masters in Arts (M.A), Sociology
Tribhuvan University, Nepal

Job Experience:

2009 December – 2011 June	Teaching Assistant, School of Business, Pokhara University
2011 July – Current	Lecturer, School of Business, Pokhara University
2014 August – December 2014	Programme Co-ordinator, Undergraduate Programme, School of Business, Faculty of Management Studies, Pokhara University

Research:

Socio- Economic Status of Women Farmers: A Sociological Study of Bhadaure- Tamagi VDC, Kaski, An Unpublished M.A Dissertation submitted to the Department of Sociology and Anrhropology, P.N Campus, Pokhara, December 2007.

Determinants of Women Empowerment in Rural Settings of Western Development Region of Nepal, **Faculty Research Grant Award funded by University Grants commission (UGC), Nepal, 2013.**

Co- Investigator, Impact of Spouse’s Employment on Marital Stability: Evidence from Working Couples in Pokhara, **Research Grant Awarded by Ministry of Local Development, District Development Committee, Kaski**

Principal Researcher, Socio-Cultural, Economic and Environmental Impact of Tibetan Refugee Settlements in Pokhara on Host Community, **Faculty Research Grant Award funded by University Grants Commission(UGC), Nepal, 2072/73 Ongoing**

Co- Investigator, Impact of Home Stay Tourism in Livelihood Status of Home Stay Operators: Evidence from Western Part of Nepal, **Collaborative Faculty Research Grant Award funded by Pokhara University Research Center(PURC), Nepal, 2073/74 Ongoing**

Publications:

Socio-Economic Status of Women Farmers: A Sociological Study of Bhadaure- Tamagi VDC, Kaski in Himalayan Journal of Sociology and Anthropology, P.N Campus, Pokhara, Vol III, September, 2008.

Co-Authored the Book Entitled Sociology for Management published by Buddha Academic enterprises Pvt. Ltd., Kathmandu, 1st Edition, 2011 ISBN No. 978-9937-30-122-0

Co- Authored the Research Article entitled Health Access and Knowledge on HIV/AIDS among the Street/ Domestic Youth in Pokhara in PACE, The Journal of Business and Management, School of Business, Pokhara University, Issue 1., Vol.3, December, 2011.

Co-Authored the Research Article entitled Socio- Cultural Impact of Tourism on Host Communities published in The Journal of Nepalese Business Studies, Faculty of Management, Prithvi Narayan Campus, Pokhara, Issue 1, Vol. VIII, June 2012/13.

Co- Authored the Research Article entitled The Remittance Economy and Its Impact on Quality of Life of Excluded Families published in The Journal of Business and Management, Publication of School of Business, Pokhara University, Issue 1, Vol.4, February, 2014.

Co- Authored the Research Article entitled Impact of Spouse's Employment on Marital Stability: Evidence from working Men and Women in Pokhara published in The Journal of Nepalese Business Studies, Faculty of Management, Prithvi Narayan Campus, Pokhara, Issue 1, Vol. IX, December 2015.

Co- Authored the Research Article entitled Employee Perception towards Quality of Work Life in Service Sectors: A Study of Financial Institutions and Hospitals of Pokhara published in POKHARA MANAGEMENT REVIEW, A Multi-Disciplinary Journal of Accountancy Teachers' Society Nepal, Pokhara, Vol. 6, January, 2016.